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Surprise/Balance Billing Disclosure Form an Good Faith Estimate

Surprise/Balance Billing Disclosure

THE BELOW DISCLOSURE IS REQUIRED BY COLORADO LAW. HOWEVER, PLEASE NOTE THAT MY PRACTICE IS ONLY IN NETWORK WITH THE FOLLOWING INSURANCE COMPANIES: **AETNA, CIGNA/EVERNORTH, OPTUM, TRICARE AND UNITED BEHAVIORAL HEALTH/UMR.**

IF YOU ARE NOT COVERED BY ONE OF THESE COMPANIES AND ARE INTENTIONALLY CHOOSING TO RECEIVE NON-EMERGENCY SERVICES FROM AN OUT OF NETWORK PROVIDER, YOU WILL BE RESPONSIBLE FOR PAYMENT OF THE ENTIRE BILL OR MAY BE BALANCE BILLED.

IF YOU INTEND TO SUBMIT INVOICES TO YOUR INSURANCE COMPANY FOR OUT-OF-NETWORK REIMBURSEMENT, BE SURE TO CHECK WITH YOUR INSURER SO YOU UNDERSTAND THE LIMITS OF SUCH COVERAGE.

Surprise Billing – Know Your Rights

Beginning January 1, 2020, Colorado state law protects you* from “surprise billing,” also known as “balance billing.” These protections apply when:

- You receive covered emergency services, other than ambulance services, from an out-of-network provider in Colorado, and/or
- You unintentionally receive covered services from an out-of-network provider at an in-network facility in Colorado.

What is surprise/balance billing, and when does it happen?

If you are seen by a health care provider or use services in a facility or agency that is not in your health insurance plan’s provider network, sometimes referred to as “out-of-network,” you may receive a bill for additional costs associated with that care. Out-of-network health care providers often bill you for the difference between what your insurer decides is the eligible charge and what the out-of-network provider bills as the total charge. This is called “surprise” or “balance” billing.

When you CANNOT be balance-billed:

Emergency Services

If you are receiving emergency services, the most you can be billed for is your plan’s in-network cost-sharing amounts, which are copayments, deductibles, and/or coinsurance. You cannot be balance-billed for any other amount. This includes both the emergency facility where you receive emergency services and any providers that see you for emergency care.

Nonemergency Services at an In-Network or Out-of-Network Health Care Provider

The health care provider must tell you if you are at an out-of-network location or at an in-network location that is using out-of-network providers. They must also tell you what types of services that you will be using may be provided by any out-of-network provider. You have the right to request that in-network providers perform all covered medical services. However, you may have to receive medical services from an out-of-network provider if an in-network provider is not available. In this case, the most you can be billed for covered services is your in network cost-sharing amount, which are copayments, deductibles, and/or coinsurance. These providers cannot balance bill you for additional costs.

Additional Protections

- Your insurer will pay out-of-network providers and facilities directly.
- Your insurer must count any amount you pay for emergency services or certain out-of-network services (described above) toward your in-network deductible and out-of-pocket limit.
- Your provider, facility, hospital, or agency must refund any amount you overpay within sixty days of being notified.
- No one, including a provider, hospital, or insurer can ask you to limit or give up these rights.

If you receive services from an out-of-network provider or facility or agency in any OTHER situation, you may still be balance billed, or you may be responsible for the entire bill. If you intentionally receive nonemergency services from an out-of-network provider or facility, you may also be balance billed.

If you want to file a complaint against your health care provider, you can submit an online complaint by visiting this website: https://www.colorado.gov/pacific/dora/DPO_File_Complaint.

Good Faith Estimate

You have the right to receive a “**Good Faith Estimate**” explaining how much your medical care will cost. Under the law, health care providers need to give patients who don't have insurance or who are not using insurance an estimate of the bill for medical items and services.

You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency items or services. This includes related costs like medical tests, prescription drugs, equipment, and hospital fees. Make sure your health care provider gives you a Good Faith Estimate in writing at least 1 business day before your medical service or item.

You can also ask your health care provider, and any other provider you choose, for a Good Faith Estimate before you schedule an item or service. If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill.

Please note Diane Brooks Counseling, PLLC will provide those who don't have insurance or who are not using insurance when you start services and at the beginning of every year you are still receiving services a “Good Faith Estimate” based on estimate of services for the whole year or remaining of the year.

Make sure to save a copy or picture of your Good Faith Estimate.

For questions or more information about your right to a Good Faith Estimate, visit www.cms.gov/nosurprises or Call the Colorado Division of Insurance at 303-894-7490 or 1-800-930-3745.